

MILTON SPRINGERS GYMNASTICS

WINTER 2026 SESSION SCHEDULE

SESSION RUNS FROM JANUARY 3 – MARCH 13

REGISTRATON OPENS ONLINE NOVEMBER 13 @ 7:30AM

PRE - SCHOOL / TUMBLING / TRAMPOLINE CLASSES

| Class / Day                                                                           | Monday                                       | Tuesday      | Wednesday                            | Thursday                                     | Friday                       | Saturday                                        | Sunday                                        |
|---------------------------------------------------------------------------------------|----------------------------------------------|--------------|--------------------------------------|----------------------------------------------|------------------------------|-------------------------------------------------|-----------------------------------------------|
| <b>Parent and Tot</b><br>18 months–2 Years<br>45 min \$210<br>No Experience Required  |                                              |              |                                      |                                              |                              | 8:45<br>10:20                                   |                                               |
| <b>Parent and Tot</b><br>2–3 Years<br>45 min \$210<br>No Experience Required          |                                              |              |                                      |                                              |                              | 9:00<br>9:30<br>9:45<br>10:00<br>10:45          |                                               |
| <b>Tumble Tots</b><br>3 Years<br>55 min \$240<br>No Experience Required               | 4:00<br>5:00                                 |              | 5:00<br>5:15                         | 4:15<br>5:15                                 | 4:15<br>5:15                 | 8:45<br>9:30<br>10:30<br>11:30<br>12:15<br>1:00 | 8:45<br>10:45<br>11:30<br>12:15<br>1:15       |
| <b>Kindergym</b><br>4–5 Years / Level 1 & 2<br>55 min \$240<br>No Experience Required | 4:30<br>4:45<br>5:45<br>6:00<br>6:30<br>6:45 | 5:00<br>6:00 | 4:00<br>4:15<br>5:30<br>6:00<br>6:30 | 4:00<br>4:30<br>5:00<br>5:30<br>6:00<br>6:15 | 4:45<br>5:45<br>6:15<br>7:00 | 9:45<br>10:00<br>10:45<br>2:00<br>2:15          | 9:00<br>9:45<br>10:30<br>1:00<br>2:00<br>2:15 |
| <b>Kindergym</b><br>4–5 Years / Level 3 & 4<br>55 min \$240<br>*Must Have Level 2     | 4:15<br>5:30<br>7:00                         | 4:30<br>7:00 | 4:30<br>4:45<br>6:15                 | 4:15<br>7:00                                 | 6:00                         | 9:00<br>11:30<br>1:15                           | 9:30<br>10:00<br>3:00                         |
| <b>Kindergym</b><br>4–5 Years / Level 5 & 6<br>55 min \$240<br>*Must Have Level 4     |                                              | 4:15         |                                      |                                              |                              | 11:00                                           |                                               |
| <b>Tumbling</b><br>7–9 Years / All Levels<br>55 min \$240<br>No Experience Required   |                                              |              |                                      |                                              |                              |                                                 | 12:30<br>3:00                                 |
| <b>Tumbling</b><br>10+ Years / All Levels<br>55 min \$240<br>No Experience Required   |                                              |              |                                      |                                              | 7:15                         |                                                 |                                               |
| <b>Trampoline</b><br>Ages 7+ / All Levels<br>55 min \$240<br>No Experience Required   |                                              |              |                                      |                                              |                              | 9:00                                            |                                               |



# MILTON SPRINGERS GYMNASTICS

## WINTER 2026 SESSION SCHEDULE

SESSION RUNS FROM JANUARY 3 – MARCH 13  
REGISTRATON OPENS ONLINE NOVEMBER 13 @ 7:30AM

GIRLS / BOYS RECREATION CLASSES

| Class / Day                                                                                  | Monday       | Tuesday | Wednesday    | Thursday     | Friday | Saturday               | Sunday                         |
|----------------------------------------------------------------------------------------------|--------------|---------|--------------|--------------|--------|------------------------|--------------------------------|
| <b>Girls Recreation</b><br>6–7 Years / Level 1 & 2<br>85 min \$330<br>No Experience Required | 4:45<br>5:00 | 5:30    | 5:45         | 5:15<br>6:30 | 6:45   | 8:45<br>10:15<br>11:00 | 9:00<br>10:15<br>11:30<br>1:15 |
| <b>Girls Recreation</b><br>8–9 Years / Level 1 & 2<br>85 min \$330<br>No Experience Required | 6:30         |         | 7:00         | 7:00         | 5:00   | 1:00                   | 10:00<br>1:30                  |
| <b>Girls Recreation</b><br>10+ Years / Level 1 & 2<br>85 min \$330<br>No Experience Required |              | 5:45    |              |              |        | 12:45                  |                                |
| <b>Girls Recreation</b><br>6–7 Years / Level 3 & 4<br>85 min \$330<br>*Must Have Level 2     | 5:15         | 5:15    |              | 6:45         |        | 9:15                   | 10:30<br>12:30                 |
| <b>Girls Recreation</b><br>8–9 Years / Level 3 & 4<br>85 min \$330<br>*Must Have Level 2     | 6:15<br>6:45 | 7:00    | 7:15         | 5:30         | 6:30   | 2:15                   | 11:00<br>11:45                 |
| <b>Girls Recreation</b><br>10+ Years / Level 3 & 4<br>85 min \$330<br>*Must Have Level 2     |              | 7:15    |              |              |        | 10:45                  |                                |
| <b>Girls Recreation</b><br>8–9 Years / Level 5 & 6<br>85 min \$330<br>*Must Have Level 4     | 4:00         |         | 4:45<br>6:15 |              |        |                        |                                |
| <b>Girls Recreation</b><br>10+ Years / Level 5 & 6<br>85 min \$330<br>*Must Have Level 4     | 5:30<br>7:00 |         |              |              |        | 1:30                   |                                |
| <b>Girls Recreation</b><br>8–9 Years / Level 7 & 8<br>*Not Currently Available               |              |         |              |              |        |                        |                                |
| <b>Girls Recreation</b><br>10+ Years / Level 7 & 8<br>*Not Currently Available               |              |         |              |              |        |                        |                                |
| <b>Boys Recreation</b><br>6–8 Years / Level 1 & 2<br>70 min \$330<br>No Experience Required  |              |         |              |              | 4:15   | 10:00                  |                                |
| <b>Boys Recreation</b><br>8+ Years / Level 1 & 2<br>70 min \$330<br>No Experience Required   |              |         |              |              | 5:45   |                        |                                |
| <b>Boys Recreation</b><br>8+ Years / Level 3+<br>70 min \$330<br>*Must Have Level 2          |              |         |              | 5:15         |        |                        |                                |

\*\*Prices Do NOT Include the \$50 Annual Gymnastics Ontario Fee Valid July 2025 - June 2026\*\*  
Register Online at [www.miltonspringers.ca](http://www.miltonspringers.ca)